

Fifty Cents the Year--Nine Numbers

The Forestonian

Vol. II Mount Vernon, Wash. No. 2



SOMETIMES

By Marie L. Young

Sometimes we're apt to ponder
On life and what it brings.
Sometimes we see but darkly,
Thru colored lens, all things.

Sometimes the load seems heavy,
And our way most long appears.
Sometimes our lot looks harder,
Viewed thru the blinding tears.

Sometimes—who knows the future?
Then why should man repine?
Since God permits the darkness,
He'll cause the sun to shine.



NOVEMBER 1913



Dutchess Trousers!

10c \$1

A BUTTON A RIP

Full Styles Now Ready

Prices are easy

N. J. MOLDSTAD
& COMPANY

JERRY FOSTER CONFECTIONERY AND FRUITS

Wholesale and Retail

HOT DRINKS

LIGHT LUNCHES

FIRST-CLASS COFFEE

Opposite Windsor Hotel

MT. VERNON



LOOK FOR US!



IT WILL PAY YOU

MUNCH-STEWART DRUG CO.

A DRUG STORE THAT GIVES SATISFACTION

Special Agents for AUGUSTINE & KYRE'S Fine Chocolates.

Mount Vernon,

Washington

The Forestonian

Vol. II

NOVEMBER 1913

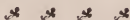
No. 2

YESTERDAY

BY A. DELLA MOORE

O what did you say just yesterday
When Jesus knocked without,
When you were so worn with care distressed,
And tempted Christ to doubt?
O friend, did you say, "Dear Lord come in,
I have great need of thee;
Life's trials I know not how to bear,
Come in and sup with me?"
"The way seems so long and so wearisome,
Each day it brings new care,
And I know not how the foe to meet
That fills me with despair.
Now give to me courage, strength and skill,
Let blessings fall on me,
That in the dark hours of woe and strife,
I'll find sweet rest in thee."
Regretfully now I hear you say,
"This answer was not mine.
I hurriedly said, 'O Lord, not now,
To-morrow I'll be thine.
To-day I am worried, weary too,
With care I am distressed;
You would not enjoy this hour with me,
For I am so depressed'."

A visit from Jesus, the Divine,
The Lord of Heaven above,
'Tis an opportunity unimproved,
To learn of His great love.
To-morrow has come, you're still depressed,
The way looks just as drear,
O when will you welcome that Holy One
Who fills the heart with cheer?



SELF-DISCIPLINE

BY EDITH BOOMER '14

THAT absolute control of thots, and words, and deeds which brings the human a little nearer the divine, is self-discipline. What a host of kindred thots is suggested by the name itself! Industry, the splendid substitute for genius, embraces it; perseverance was never more strenuously tested than when governing one's self; and adaptation, so often needed and so seldom found, is the enviable result of long-continued discipline. The aim for a useful life, the ideal which spurs you on to duty regardless of consequences, the unselfishness of giving your all to your work---it is the star above "the horizon of your circumstances," and inwardly it is the star of self-discipline.

This work of self-mastery must be done by the individuals; no one else can prescribe just what is needed to round out the character and produce that harmonious blessing of physical, mental, and spiritual virtues which was God's original design. If this could be done by others the result would not be individuality, one of the most admirable traits of character. This power of self-control

gives all the privilege of acquiring the ideal.

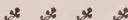
No true greatness was ever attained by anyone who had not incessantly disciplined his mind to do the right thing at the right moment. No one has ever lived in the world's mind who has not had a fixed purpose and an unswerving will to obey that purpose.

The pages of history are illumined with striking examples of such men. How could Daniel have filled his position as a prophet if he had broken his resolution to live righteously? Would we ever have heard of Demosthenes if he had not, by sheer force of will, overcome the impediment nature had placed in his way? Would we have had the great epic, "Paradise Lost," if Milton, bemoaning his sightless condition, had failed to dictate his immortal poem? It is self-discipline more than genius for which we remember the man.

Altho, usually, no error would be made in following the truly great, still God's will is the wisest guide; and, realizing that His best human instruments have been severely trained, an inspiring impulse springs up within one to let nothing hinder the attainment of the ideal. The reward justifies the price. Perseverance and self-discipline win innumerable battles where a less steadfast purpose and faltering actions would inevitably spell defeat.

The minute and seemingly unimportant actions of life should receive especial care, for the character is but a compilation of little things, and it is enriched most by strict adherence to noble principles. In fact, discipline is

an absolute necessity to any form of success. How important the place it occupies in the life of one filled with a desire for true service! And since that is our position, self-discipline should be regarded as a most precious privilege to develop the natural talents for usefulness.



THE WORK OF S. D. A. YOUNG PEOPLE

BY KATIE BELL

TO no one has been committed a more sacred trust than to the young people of our day. To none have been given more precious privileges. Neither to any are given more promises of real joy and pleasure.

"Ye are my witnesses" are the words of the Saviour to the young. In order to witness for Christ, we must live the life of Christ, and do the works of Christ. He went about doing good, and we find that that is the work committed to the young people of to-day. That they may work to the very best advantage, a progressive department of the General Conference has been given to the advancement of the young people's work. Here Godly men and women plan for the training and work of the volunteers. Surely we are safe in following the plans given by this department. In every church there should be an organized and working Young People's Missionary Volunteer Society. By exercise we are kept in physical health; so by exercise, working for the salvation of others, we are kept in spiritual health. While engaging actively in this work of soul saving, we are strength-

ened spiritually. There are many ways in which labor may be done for others. Most societies are divided into bands. This is an excellent plan. There is the Mailing Band, the Distributing Literature Band, and the Christian Help Band.

The truth-filled printed papers should be scattered as the autumn leaves. This is the work that the Mailing Band is to carry on. Many precious souls have been brot into the truth as a result of reading a tract, a book, or a paper which has been sent them. After sending the paper, a letter should be written telling them of the paper you sent; that you hope they will be interested in the articles it contains, and you would be glad to send them more copies. Often a kind reply will follow; other reading matter, perhaps on some special subject, will be asked for, and great good may thus be accomplished.

Closely related to this work is the work of the Distributing Literature Band. Here the people who receive the literature are met personally. Each week new papers or tracts are taken, visits are made and frequently Bible readings on points of present truth are requested. This work may be followed up with most encouraging results. Besides placing literature in the home, reading racks in public libraries, rail road stations, and other public places can be kept supplied with periodicals.

"This woman was full of good works and alms deeds" was said of Dorcas. It is the privilege of each member of the Christian Help Band to have a similar commendation spoken of them. No wider field of labor

is to be found than that which is open to this band. Here the poor, the sick, and the afflicted may be visited and helped. As the temporal needs are supplied, the human woes are soothed, and the physical sufferings are relieved, and the heart will be softened, and receptive for the words of truth which God's children have in their trust and keeping. "In as much as ye have done it unto one of these my brethren, ye have done it unto me."

We are laborers together with Christ, so do not forget the most important band of all,---the Prayer Band. Take Jesus into all your plans; ask Him to guide you, and to give you wisdom.

Many young people, while in school, think they are too busy to engage in these lines of work; they will wait until their school days are over, then they will engage in active work for the Master. That is only a thot implanted by the enemy to all good works. While in school, learning lessons from text books is the best time to learn lessons of how to work with Christ. It is the students' precious privilege to work for the salvation of souls. And where is a better opportunity afforded than among his fellow students?

In service alone is found real joy and happiness. We do not need to do some great deed to make us happy, for "It is in the little things of life done well that honor lies. Be not deceived by the glitter of great deeds; it is a firmament sown with stars as countless as the sands of the ocean that constitutes night's charm; and in a life jeweled with Christlike deeds, sown as the

stars, is the Christian's charm." Volunteers, let us think of the joy there is in bringing a soul to Christ, and forget not our aim,---"The advent message to all the world in this generation."



PUNCTUALITY

PUNCTUALITY personified is Father Time's banker. He holds in his hands that element of success which is lacking in so many lives---the ability to meet every appointment promptly.

We account our word to be one of our most valuable possessions. It is he who never fails of keeping his word who may be relied upon. If he is an employee, no matter where, he is certain to rise. If he is a man in high position, he is a trustful friend; and is sure to be respected by his associates. And yet, is it not a matter of keeping our word that we promptly fulfill our every agreement, whether of business or pleasure? When we are engaged to do a particular thing at a regular time we are under an obligation, and our word is as much at stake if we fail of discharging our duty as tho we had broken that promise.

Often a delay of a few minutes on the part of a single individual causes a waste of time to numbers of other persons; for example, a careless lecturer keeps an audience of five hundred waiting for five minutes. To him it is a little thing, but it is equivalent to detaining one person for more than forty hours.

The story is told of George Washington that when

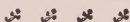
his secretary pleaded a slow watch as an excuse for a tardiness of five minutes, he replied, "It is evident, sir, that either you must get a new watch or I must get a new secretary." So it was in all the affairs of Washington's life. He is called rigidly punctual, but this is a part of the reason why his truthfulness is proverbial.

In his daily life he found it necessary to carry on his work punctually, and he allowed nothing to interfere in his ordinary dealings with others. It is for this reason that, when only nineteen years of age, he was made major and given a command in the army of which he was, a few years later, to have entire charge. For this reason also his fellow-country-men made him commander-in-chief of the army, and after the war, chose him to pilot the Ship of State over a rough sea. They trusted him; they relied upon his ability that knew not failure.

Have a "time for every thing and everything on time" is a maxim worthy of consideration; and the most successful lives have been founded on this principle.

It is the student who is punctual in all that he does, upon whom his teachers have learned to depend for a correct answer to the question which the rest of the class failed to get. He it is to whom the phrase "I'm too busy" is entirely foreign, and to whom one goes when he has something "extra" to be done. He it is who surprises everybody with the amount of work he covers and the degree of perfection he attains. He takes the most active part in the social life of the school and most thoroly enjoys living.

Punctuality is not a talent to be picked up or discarded upon a moment's notice; on the other hand, it requires continual practice and preparation. Familiar to all is the expression, "Opportunity knocks but once at each door." If, however, one is not prompt to answer the knock, the visitor is gone. But can one answer promptly if he has not prepared? That is what God gave us spare moments for---to prepare to be punctual. M. Y.



OUR MEASURE OF SUCCESS

“WHAT you make of life, it will be to you.” Its measure of success you must choose for yourself. The plane upon which you habitually dwell, you must establish for yourself.

Your surroundings may influence you. Some life of true worth who is endeavoring to lift himself above the ordinary level, may inspire you to higher things; yet, the patient striving, the moments of utter despair, the bitter tears in the quiet night, are all yours. The slumbering ambition has only been aroused by a longing to be and do what you have seen in others that so appealed to you.

And now that your determinations are fixed and you have ever before you an ideal,---your ideal of a truly noble life,---out of the obscurity of time, but away in the shadowy future, you behold the new individual, changed, living a life of usefulness, sought after because his own life exemplifies his ability to do things. M. H.

THE FORESTONIAN

Issued Monthly by the Students of Forzst Home Academy

Lyle Wilcox '14 - Editor-in-Chief

Marian Heywood '15 - Literary Editor

Lester Steck '14 - News Editor

Marie Young '14 Circulation Mgr. Virgil Becraft '16 Mgr.

Entered as second-class matter December 10, 1912, at the post office at Mount Vernon Wash., under the Act of March 3, 1879.

KNOCKING

Did you ever see a person who could not knock? Did you ever see a knocker who was capable of filling the position occupied by the person he is knocking? It takes no great mind to be a knocker, any one can do that. But there are people who can do nothing but knock. It is a sad truth that there are people who never boost any enterprise, no matter how worthy that enterprise may be. But did you ever notice that these faithful knockers are very careful about rising to any position that would expose them to the knockers? They never get there; tho we often wonder why these people who "know all about it" never have the opportunity to show us how to do it. It is this fact that leads us to the conclusion that it does not take a great intellect to be a knocker. One seldom "kicks" his way up; but a booster is always in demand.

We do not mean that we should always be satisfied with every condition that exists: that would be as disastrous as the continual "knock." The way to better the condition of that which is unsatisfactory is to unite

in a boosters' club and boost the thing into a better condition. The work will be accomplished much sooner, and in a far more pleasant way. If all the energy that is exerted in knocking could only be converted into "boosting energy," how much better it would be, and how much more enjoyable life would be! L. C. W.

THORONESS

Perhaps there can be no greater number of failures in life laid to any one thing more than to the lack of thoroness. One is liable to be in a hurry to get his lesson in order to keep up with his classes; but it is far better to carry only three studies and get those thoroughly than to go hurridly over four and know scarcely anything about any of them.

It has been said that an education now-a-days does not mean to know things, but merely to know where in books to find them. It seems to me that it is better and much more convenient for one to carry his education in his head than in his book strap.

No one of us, having a thrifty flower bed, would let it grow up to weeds, but we are liable to allow a weed here and there. So it is with our thoroness in life, especially school life; we are apt to neglect an algebra lesson to-day, a history lesson to-morrow, and a rhetoric lesson the next day. This practice makes holes in our education, and positively hinders thoroness; and without thoroness no one can succeed. L. G. S.

The article on the "Introduction of the New Members of Our Faculty" which was to be concluded this month, will have to go over till a subsequent issue.

Academy Brevities

The Institute of the Young Peoples' Missionary Volunteer Society, which has been postponed, will be held at the Academy, November 23---25. Elder Meade McGuire and Professor N. W. Lawrence, besides our Conference workers will be present. A cordial invitation is extended to all to visit the school at this time and share the pleasures and benefits with us.

Miss May Bell, our Conference Secretary of the Sabbath School and Y. P. M. V. departments, spent Sabbath, November 8, with us.

It is interesting to her friends at the Academy to learn that Miss Frances Barrett is at the Washington (D. C.) Sanitarium fitting herself for a nurse's career.

The work on our new Academy building is progressing gradually, and we hope to hold the convention in the new chapel.

Professor D. D. Rees recently made a business trip to Meadowglade Academy.

Union College and Forest Home Academy are the only two schools of the Denomination that publish a school paper.

A mock trial took place of a recent meeting of the Literary Society. Miss Lofgren and Miss LaPorte were charged with stealing a hat belonging to Mr. Wilcox. Professor Rees acted as attorney for the defendants, the plaintiff plead his own case. Mr. J. W. McNeil was judge. The trial lasted for several hours. The jury was out but a few minutes when they returned a verdict of not guilty. It was another case where the guilty were innocent.

Another serious accident occurred from a little origin, Wednesday evening November 12, when a cat knocked a lantern from off a low shelf in the barn of Mr. N. O. McLaughlin, one of the Academy's near neighbors. The hay in the barn immediately caught fire, and a few seconds revealed the barn a mass of flames. It happened that the only live stock in the barn was Mr. McLaughlin's horses, which he succeeded in getting out. The 14 tons of hay, harness, and numerous other things contained in the barn were burnt. The contents was insured, but the barn was not. The News Editor took pains to learn that the cat escaped.

Professor Munro is absent from the Academy for several days; he has gone to Walla Walla with Mrs. Munro who has been in the hospital for a few days. Mrs. Munro will spend the winter with her sister at Walla Walla. Mr. J. W. McNeil is teaching in Professor Munro's place during his absence.

THE FORESTONIAN

DODD'S FURNITURE STORE

OPERA HOUSE BLOCK

Where a dollar buys an honest dollar's worth

"We Deliver the Goods."

Bring your old shoes here for
repairing and see how quick-
ly and well it is done

W. M. OGLE'S ^{SHOE}HOSPITAL

Corner of Pay Streak Block

Mount Vernon

1862—1913

Established 1862

VICTOR TALKING

Machines and Records

Complete Stock of Popular and Standard Sheet Music,
Also Century Edition, 10c per Copy, always on Hand

Lester Piano ^{Child's} Pride

Berger's Music House

Representing BALDWIN LINE OF
PIANOS AND PIANO PLAYERS

Very latest EDISON PHONOGRAPHS and records

MOUNT VERNON,

WASHINGTON

THE FORESTONIAN

IF YOU WANT
A RANGE, HEATER OR MATTRESS,
Or anything in the Furniture line
YOU CAN DO BEST AT

J. B. LAUGHLIN'S

Cor. Main and Montgomery

Mount Vernon

**THE KOZY KORNER
KONFECTIONERY**

H. A. FLAGER, PROP.

Hot and Cold Lunches. Ice Cream and

Home Made Candies.

YOUR PATRONAGE SOLICITED



PHONES:
SUNSET 141 R.
IND 1403.

COMMERICAL WORK
A SPECIALTY

THE MARTIN STUDIO

Portraits and Enlargements

We take anything, anytime, anyplace

MOUNT VERNON.

WASHINGTON.

Crown and Bridge Work a Specialty

DR. T. H. McCULLOCH

Hayton Building

GOOD DENTISTRY

Mt. Vernon

THE FORESTONIAN

The Word of Seven Students---

My aim in life is to be a more efficient worker in God's cause. For this reason I am at Forest Home Academy.---Marie Young, Clear Lake, Wash.

Its atmosphere of thrift and progress and the high ideals of life maintained by its students have controlled the destiny of another year for me, and I am back at Forest Home Academy.---Marian Heywood, Spokane, Wash.

Whatever success I may attain in life will be due to the nine years of training I have received at Forest Home Academy.---Edna Hollenbeck, Mt. Vernon, Wash.

I am spending my fourth year at Forest Home Academy because here I am offered the best opportunities for study, manual labor, and progress.---Lester G. Steck, Salem, Ore.

The value of the associations at Forest Home Academy is inestimable. I shall never regret having spent four years here.---Edith Boomer, Mt. Vernon, Wash.

Forest Home Academy is a second home to me. I have spent six valuable school years here.---Lyle Wilcox, Hoquiam, Wash.

The three most pleasant and self-improved years of my life have been spent at Forest Home Academy.---Ruth I. LaPorte, Seattle.

If you really want an education, and can't see the way open for you to acquire it, write to Prof. D. D. Rees, Mt. Vernon, Wash. He can probably help you to get to school the rest of the winter at

FOREST HOME ACADEMY

THE FORESTONIAN

GO TO
BRANCHFLOWER'S

FOR
Fancy Groceries, Hardware,
Buggies, Farm Implements,
Dishes, Etc.

He will treat you right

Mount Vernon.

Washington

VERY CHOICEST OF FRESH
CANDIES

At 15c, 20c, 25c, and 30c per pound

MUSSER'S VARIETY
STORE

Nothing Over 25 Cents Except Toys

And Richard's Art Goods.

Coble's

Mt. Vernon's Leading Dry Goods Store

Everything in the way of Dry Goods, Shoes,
LADIES' READY-TO-WEAR AND MEN'S FURNISHINGS

CORNER 1ST AND MONTGOMERY STREETS

THE FORESTONIAN

A far away look
may be caused
by absence of
mind or shortness of
sight. Perhaps one
is the cause of the
other, let us exam-
ine and see

K. L. Sheets

JEW'ELER

& OPTICIAN

Mount Vernon, Wn.



DUNLAP & BALL

DEALERS IN HAY, GRAIN, FLOUR

Chop feed, Shorts, Cracked Corn, Rolled
Oats, Corn Meal, Oil Meal, Seeds & Etc.

MT. VERNON HARNESS COMPANY

E. L. WITT, Proprietor

Oak-tanned Harnesses, Saddles, Robes & Blankets,
Harness Repairs, Carriage & Auto Upholstering,
Tops, Hand-made Solid Leather Grips & Bags.

Mount Vernon

Washington

G. T. POST & COMPANY CLOTHERS

Home of

Sincerity^A O'Donnell
Clothes^N D SHOES

Mount Vernon : : : Wash.

DR. W. M. KING

Dental Parlors across
From Post Office

Mount Vernon, Wash.

The Rexall Store

WE carry a complete line of Drug, Drug
Sundries, Toilet Articles, Stationery,
Cameras and Camera Supplies.

We carry ANSCO and EASTMAN-BLAIR
Cameras. Bring your camera trouble to us.
You'll do better for Drugs at THE MOUNT
VERNON DRUG CO. The Rexall Store

Why worry about fame:
stay at home and do your
work well, and the world will
find you out.

D. D. REES